



Graphic Expression under Musical Induction

by Chantal Desmoulins

<u>PATIENT'S NAME:</u>			<u>THERAPIST:</u>										<u>DATE:</u>	
V. SURFACE OCCUPIED BY THE DRAWING														
	CAP CD # 1 to 10													
CRITERIA OF ANALYSIS	Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION	
1. Surface Occupied by the Drawing														
• less than 10% of the space on the sheet is used													Inner emptiness, isolation. Relationship problems.	
• between 10% and 50% of the space on the sheet is used													Same but nuanced.	
• between 50% and 90% of the space on the sheet is used													Normal. See how the space is used.	
• 100% of the space on the sheet is used													Obsessive concern. Lack of perspective.	
2. Surfaces Not Occupied by the Drawing													<i>See organization of Space diagrams p. 58-59</i>	
• Upper Left (UL)													Inhibition, withdrawal, fear, buried memories.	
• Left Center (LC)													Repression. Fear of the inner life.	
• Lower Left (LL)													Monopolizing family conflicts.	
• Upper Center (UC)													Problem of the father image and authority.	
• Center (C)													Problem of assertiveness.	
• Lower Center (LC)													Refusal of incarnation. Fear of instinctual life.	

CLINICAL OBSERVATION GRIDS

CAP

Clinical observation grids for the analysis of patient's **Drawings – 706** Criteria

Detailed Analysis

with suggestions for interpretation



Catharsis**Application**
Program

Graphics in
FIGURATIVE Drawings
excerpts

<u>PATIENT'S NAME:</u>		<u>THERAPIST:</u>										<u>DATE:</u>	
A. PATIENT RESPONSE TO DRAWING INSTRUCTIONS													
	CAP CD # 1 to 10												
CRITERIA OF ANALYSIS	Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION
• sheet used on both sides													Decision to not follow instructions. Rebellious nature or need to maintain independency. Borderline personality.
• sheet is blank (nothing on it)													Blockage, inhibition, denial or necessary pause.
• added writing in addition to drawing													Willingness to be understood. Need to explain.
• writing in place of drawing													Fear of symbolic expression, retreat to the mind for safety. Intellect.
• folded sheet													Feeling of insecurity. Sometimes a problem with the body image.
• other drawing materials used													Need to be recognized as a unique and special person.
• drawing instructions respected													Either secure with following instructions or displays lack of imagination. The good student who wants to do it right. Conformism. Need for appreciation. Seriousness. Stric-tness.

<u>PATIENT'S NAME:</u>		<u>THERAPIST:</u>										<u>DATE:</u>	
B. OVERALL IMPRESSION													
	CAP CD # 1 to 10												
CRITERIA OF ANALYSIS	Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION
1. Balance													
• balanced, harmonious representation on the whole page													Sense of proportions often linked to an artistic nature. Sign of sociability.
• out of balance, inharmonious representation on the whole page with ardent movements													Excessive nature and indiscriminate passion.
• out of balance, inharmonious representation on the whole page with slow movements													Laziness, carelessness, improvidence and neglect.
2. Clarity and Care Given to the Drawing													
• clear, simple representation, moderation with forms, ease													Clarity, intelligence and honesty. Sense of order.
• confused, complicated representation													Equivocal, complicated, imprecise character.
• careful drawing													Concern for aesthetics, attention to detail. Sometimes rigidity.
• botched drawing													Inattention. Obsessions. Very careless.
3. Originality and Banality													
• original drawing													Personal expression.
• banal drawing													Avoidance strategy in order to not be unveiled. Fear.
4. Content													
• precision that makes the message clear													Ability for conscious exploration. Sincerity.
• ambiguity that makes the message unintelligible													Fear, guilt. Sometimes haste and impatience. Lies to others or oneself.

PATIENT'S NAME:			THERAPIST:										DATE:	
B. OVERALL IMPRESSION – Continued														
	CAP CD # 1 to 10													
CRITERIA OF ANALYSIS	Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION	
5. Movement														
• large, wide													Imagination and freedom. If excess, overcompensation.	
• small, skimpy													Inhibition, retained, embarrassment, hesitation. Guilt. Depressive state.	
• stable in form and style													Posed, ordered character. Sometimes desire to please and lack of originality.	
• multiform: many changes of form, style													Fragility, dissipation, duplicity, deceit, hypermotivity.	
• rapid													Activity, energy, culture, ease.	
• slow													Weakness, illness, feebleness, ignorance or complication.	
6. Line														
• supported line, heavy pressure													Powerful energy, vitality.	
• light line, low or irregular pressure													Low energy, lack of vitality, suggestibility.	
• neat and precise line													Will, self-control.	
• uncertain and inaccurate line													Hesitation, doubt, problems with choices.	
• rigorously precise line													Rigidity.	
• heavy and rough line													Sensuality, rudeness.	
• crumbly, hesitating line													Nervousness, anxiety.	
• fine, barely visible line													Tend to step aside.	
• very angular line													Often surly and stubborn character.	

<u>PATIENT'S NAME:</u>		<u>THERAPIST:</u>										<u>DATE:</u>	
B. OVERALL IMPRESSION – End													
		CAP CD # 1 to 10											
CRITERIA OF ANALYSIS	Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION
7. Colors and Effects													
• dominant warm color (red, yellow, orange)													Vitality and dynamism, extroversion.
• dominant cold color (blue, green, violet)													Rest, withdrawal, dreamer, introversion.
• dominant bright color													Warmth, cheerfulness, energy.
• dominant dull color													Desire to go unnoticed, poor self-esteem.
• watercolor effect													Lightness and fragility, nuances of feeling.
• pastel effect (bold crayon)													Dry technique: aesthetic mind taking distance from the emotions. More material than the watercolor.
• blurring effect													Aesthetic concern to express oneself in a tempered way, sometimes vague expression.
• use of water													Direct expression of emotions.
• no use of water													Sometimes harder and colder effect. Reflects the desire to better highlight plans and accentuate certain details.
• less than 5 colors used													In children, an expression of psychological distress, an emotional imbalance.

<u>PATIENT'S NAME:</u>			<u>THERAPIST:</u>										<u>DATE:</u>	
C. ABSTRACT OR FIGURATIVE DRAWING														
	<i>CAP CD # 1 to 10</i>													
CRITERIA OF ANALYSIS	Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION	
• abstract drawing													Expression of mental, general concepts.	
• figurative drawing													Makes the inner universe visible and accessible.	
• mix of figurative and abstract													Creating distance from reality to avoid conflict or strong emotion. Attempts to make visible a difficult inner reality.	

Graphics in
NON FIGURATIVE Drawings
excerpts

PATIENT'S NAME:				THERAPIST:										DATE:	
K. GRAPHICS IN NON FIGURATIVE DRAWINGS														1. Simple Figures	
		CAP CD # 1 to 10													
CRITERIA OF ANALYSIS		Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION	
1.1 Dots															
• small dots scattered across the page															Invasive obsessions.
• small dots dispersed in a well defined area															See the symbology of the space.
1.2 The Right Line															
• simple															The right line reflects a straightforward direct nature. Exhibiting concern for simplifications which is sometimes at odds with the complexity of the work of exploring the inner world.
• dotted															When dotted, line reflects hesitation and unsteadiness in the effort.
• stepped															Stepped forms can symbolize a search for meaning. See the symbology of the space and examine if the movement indicates a climb or a descent.
• serrated															This movement indicates nervousness and internal oscillation.
1.3 Angles															
• the right angle															Angles provide hardness and stiffness. They often express a curt and inflexible temperament.
• the sharp angle (under 90°)															
• the obtuse angle (over 90°)															
1.4 Curves															
• simple															The curve softens an angle and can express kindness, sociability, grace and imagination. Corrugated, it reflects instability. As a daisy chain, it evokes softness and suppleness. In an arcade, it reveals a need for protection.
• dotted															
• undulated															
• garland, highly curved concave shape															
• arcade															

PATIENT'S NAME:				THERAPIST:										DATE:	
K. GRAPHICS IN NON FIGURATIVE DRAWINGS - Continued 1														2. Composed Figures	
		CAP CD # 1 to 10													
CRITERIA OF ANALYSIS		Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION	
2.1 Combination of Right Lines															
• the crossing of several right lines														These composed figures have the effect of creating a built, rigid space. These are figures that appeal to reason and where emotions are absent. Horizontally it is reassuring and stable; it evokes power; crossed lines create instability and imbalance.	
• parallel lines															
• rays															
• a grid															
• horizontal lines															
• vertical lines															
• oblique lines															
2.2 Geometric Figures															
• isosceles triangle (3 equal sides, 3 equal angles)														The triangle gives a hard and curt nature to the drawings. However, it creates movement. Ascending, it evokes a desire for action and elevation. Descending, it creates a feeling of insecurity and depression. Pointing up it symbolizes the feminine and down the masculine.	
• right triangle (one right angle)															
• any triangle															
• square														Quest of perfection.	
• lozenge														They are imperfect forms, reflecting a kind of imbalance (of the sides). They indicate a situation that is not long lasting. A horizontal rectangle brings coldness and heaviness. A vertical rectangle portrays power and strength.	
• rectangle															
• pentagon, pentagram (5 sides)														Symbolizes the balance of the realized human. Image of the microcosm.	

PATIENT'S NAME:				THERAPIST:										DATE:	
K. GRAPHICS IN NON FIGURATIVE DRAWINGS - Continued 2														2. Composed Figures - continued	
CAP CD # 1 to 10															
CRITERIA OF ANALYSIS	Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION		
2.2 Geometric Figures - Continued															
• hexagon, hexagram (6 sides)														The two inverted triangles of Solomon's seal symbolize the balance of masculine and feminine. It is a symbol of the Self. These two triangles united in one figure symbolize the balance of matter and spirit, and the balance of the two forces: evolutionary and involutionary.	
• non identified geometric figures														They are often carrying imbalance and confusion. Sometimes these figures show negligence and letting go.	
2.3 Combination of Curved Lines															
• round														Round, spheres are symbols of totality.	
• oval														The oval is a distorted representation.	
• spiral in 2 dimensions														The spiral is a figure of movement that can be evolutionary or involutionary, either moving toward the center or in the contrary being driven away from the center. The multi-dimensional spiral is built around several centers, and thus reveals a lack of refocusing.	
• spiral in 3 dimensions															
• centrifugal spiral															
• centripetal spiral															
• involutive spiral, clockwise															
• evolutive spiral, counterclockwise														Observe if the drawing is harmonious or disharmonious, wide or narrow.	
• non identified geometric figures															

PATIENT'S NAME:				THERAPIST:										DATE:					
K. GRAPHICS IN NON FIGURATIVE DRAWINGS - Continued 3														2. Composed Figures - end					
				CAP CD # 1 to 10															
CRITERIA OF ANALYSIS				Reference Drawing	1	2	3	4	5	6	7	8	9	10	Reference Drawing	INTERPRETATION			
2.4 Geometric Symbols																			
• ascending arrow																Indicates a progressive direction.			
• descending arrow																Emphasizes a movement of regression.			
• Latin cross (vertical line higher than the horizontal one)																Symbol of trials and pain. As the two branches are unequal, it also symbolizes the masculine and feminine imbalance.			
• Cross with equal arms																Symbolizes the balance of masculine and feminine.			
• Ankh cross (Egyptian cross)																Originally Pharaonic, it is a symbol of life and expansion. It provides a key, an answer on a subtle plane.			
• Red cross																It is often used to signal danger, a problem. In some situations, it symbolizes rescue or relief.			
• Cross in the form of an “ X ”																If "crosses" something, it indicates a conflict zone. The form of a large X symbolizes a search for inner balance.			
• Solar cross (a regular cross in a circle)																Symbol of inner balance and awareness.			
• Mariner’s cross (anchor)																Symbol of hope and strength. It can withstand the emotional waves. In Christianity, symbol of the strength of faith.			
• Swastika (equilateral cross with its arms bent at right angles)																Its use by the Nazis changed the meaning of this cross which originally came from Dharmic religions such as Hinduism and Buddhism. In Asia, it is still a strong esoteric symbol of eternal life. Hence, one of the representations of the wholeness (Jungian psychic stage).			
• Crossed lines forming crosses in the non-figurative drawings																Symbolizes conflict and the resulting aggressiveness.			